



Jasper R-V Student Extra Curricular/Co Curricular Participation Guide

2020-2021

Revised 07-27-2020

Safety Precautions at Practice:

*Coaches/Instructors will remain masked until a temperature scan has been recorded on a shareable document/sheet. Coaches/Instructors will self monitor for other COVID-19 related symptoms and will NOT report to practice if symptomatic. This must be done daily.

*Students will report to practice with a mask on and will wear it prior to a mandatory temperature check by a coach/instructor. Temperatures will be recorded. ***The current guideline is a body temperature less than 100.3 degrees or less than a .7 degree variance from the previous day's recorded temperature. If the initial temperature scan is outside the range, the student may be isolated from the others in attendance and rechecked after 5 minutes. If the temperature is now within range, it is considered acceptable.*** This document/sheet should be shareable with administration to assist with any need for contact tracing. This must be done daily.

*Attendance will be taken and recorded at every practice to assist with any need for contact tracing. This should be a shareable document/sheet.

*Once daily temperature has been recorded and is found to be within the acceptable range **and** the student is asymptomatic for COVID-19, the mask may be removed and he/she may practice.

*IF, the temperature is outside the acceptable range on second reading and/or if the student appears to be symptomatic for COVID-19, the student remains masked and is immediately escorted away from the group to go home, either by parent pick up or by own transportation. School administrators will be notified. Students are advised to seek out a health care provider for further treatment.

* If a COVID-19 screening test comes back **negative**, that student will, at minimum, remain in 14 day self quarantine to make sure that no symptoms develop.

*If a COVID-19 screening test comes back **positive**, then the student will remain in quarantine for 14 days **and** until at least 72 hours have passed from resolution of all symptoms **OR** until a negative test for COVID-19 has been received. Athletes who have tested positive are also required by MSHSAA to have a follow up examination by a health care provider who will specifically test for myocarditis/myocardial ischemia. This follow up visit must be documented

on the MSHSAA COVID-19 Return to Play Form. The student will also be subject to a 5 day re-acclimatization period as established by the Missouri High School Activities Association.

* Student participants must have a signed Parent Permission and Waiver of Liability for Student Participation form on file with the Athletic Director's Office.

*There will be no sharing of water bottles or other hydration systems. Managers will NOT be allowed to handle, refill or hand out water bottles or other hydration systems.

*There will be no sharing of practice gear, personal equipment or uniforms.

*All practice gear or uniforms must be washed after each wearing.

* Coaches will insure that all commonly touched equipment and solid surfaces are sanitized at the end of the practice session.

Safety Precautions for Games/Contests (HOME):

*Coaches, score table officials and line judges will remain masked until a temperature scan has been recorded on a shareable document/sheet. Once an acceptable temperature has been recorded on a shareable document, the coaches, officials, line judges may choose to wear masks but are not required to.

*Students will report to games with a mask on and will wear it prior to a mandatory temperature check by a coach. Temperatures will be recorded. This document/sheet should be shareable to assist with any need for contact tracing.

*Attendance will be taken and recorded at every game to assist with any need for contact tracing. This should be a shareable document/sheet.

*Once daily temperature has been recorded and is found to be within the acceptable range **and** the student is asymptomatic for COVID-19, the mask may be removed and he/she may continue with regular pre-game/contest warm up rituals.

* Social distancing will occur as much as possible during warm ups and while games/contests are being played.

*If social distancing cannot occur for sideline players, then the school issued gaiter face covering will be used as much as is practical to cover the participant's mouth and nose. Gaiters may quickly be lowered once the participant returns to the game.

*There will be no sharing of water bottles or other hydration systems. Managers will NOT be allowed to handle, refill or hand out water bottles or other hydration systems. Students must remain responsible for their own hydration bottle.

*There will be no sharing allowed of equipment, jerseys or any other part of a uniform.

*Uniforms and other game gear must be washed after each wearing.

*Jasper R-V reserves the right to limit occupancy of all gyms, fields and performance rooms to maintain acceptable social distancing. This restriction may change based on real time health department recommendations and those changes will be communicated as quickly as possible to coaches, participants, parents and spectators.

*Jasper R-V will follow MSHSAA guidelines for traditional sportsmanship gestures like pre game fist bumps or handshakes.

*Coaches/Instructors will insure that all game/contest equipment is sanitized at the end of the contest.

Safety Precautions for Games/Contests (AWAY):

*Coaches and line judges will remain masked until a temperature scan has been recorded on a shareable document/sheet. Once an acceptable temperature has been recorded on a shareable document, the coaches, officials, line judges may choose to wear masks but are not required to.

*Students will report to the bus with a mask on and will wear it prior to a mandatory temperature check by a coach. Temperatures will be recorded. This document/sheet should be shareable to assist with any need for contact tracing.

*Attendance will be taken and recorded for every away game to assist with any need for contact tracing. This should be a shareable document/sheet.

*Once daily temperature has been recorded and is found to be within the acceptable range **and** the student is asymptomatic for COVID-19, the mask may be removed and he/she may continue to board the bus.

*At this time, there is no provision for parents to transport their child TO an away contest but students may follow the coach's pre-determined plan for check out to parents for transport home from an away game.

*Jasper R-V students and parents are expected to follow the guidelines put in place by the host school as far as masks and social distancing requirements. Some schools may limit the number of spectators they allow. That information will be communicated to coaches, participants, parents and spectators as soon as possible.

*All other safety precautions for HOME games will be followed at AWAY games.

If, despite all safety precautions that have been put into place, a student participant or coach/instructor contracts COVID-19, Jasper County Health Department will conduct contact tracing to determine degree of exposure and what steps are to be taken for those who meet their at risk criteria for exposure. Jasper R-V will comply with all requests for information from the Health Department while maintaining HIPAA requirements and will insist that all MSHSAA guidelines for safe re-entry are followed.